a place of mind
THE UNIVERSITY OF BRITISH COLUMBIA

Diagnostic Radiology Residency Postgraduate Trainee Resident Wellness Policy

1. Introduction

UBC Diagnostic Radiology Residency follows the UBC PGME Wellness policy (Approved September 24th, 2019 see resources) with the addition of the following:

1. UBC Diagnostic Radiology will have a Resident Wellness Champion selected by the residency group in conjunction with guidance from the program director.
2. UBC Diagnostic Radiology will hold at least one academic half-day session a year lead by the Wellness office on a topic of their choosing.
3. UBC Diagnostic Radiology residents are informed at the start of their residency that the program director and assistant program director function with an "open door" policy and are encouraged to discuss concerns of wellness, fatigue or safety with said staff if they feel it is appropriate.

2. Resources

1. UBC PGME Wellness policy available at: https://postgrad.med.ubc.ca/current-trainees/policies-procedures/
2. UBC Learning Mistreatment at: https://www.med.ubc.ca/current-learners/mistreatment-help/